

# Superiority of Natural Substances versus Drugs

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### 33 Problem Substances Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Fluoxetine (trade name Prozac) (/keyword/superiority-natural-substances-versus-drugs?ed=25949)	6 (/keyword/superiority-natural-substances-versus-drugs)	60 (/keyword/superiority-natural-substances-versus-drugs)	
Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) (/keyword/superiority-natural-substances-versus-drugs?ed=26681)	4 (/keyword/superiority-natural-substances-versus-drugs)	41 (/keyword/superiority-natural-substances-versus-drugs)	
Sodium Fluoride (/keyword/superiority-natural-substances-versus-drugs?ed=37410)	4 (/keyword/superiority-natural-substances-versus-drugs)	22 (/keyword/superiority-natural-substances-versus-drugs)	
Ibuprofen (/keyword/superiority-natural-substances-versus-drugs?ed=26682)	3 (/keyword/superiority-natural-substances-versus-drugs)	21 (/keyword/superiority-natural-substances-versus-drugs)	
Acetaminophen (/keyword/superiority-natural-substances-versus-drugs?ed=74185)	2 (/keyword/superiority-natural-substances-versus-drugs)	20 (/keyword/superiority-natural-substances-versus-drugs)	
Antibiotics (/keyword/superiority-natural-substances-versus-drugs?ed=29653)	2 (/keyword/superiority-natural-substances-versus-drugs)	20 (/keyword/superiority-natural-substances-versus-drugs)	
Levothyroxine (/keyword/superiority-natural-substances-versus-drugs?)	2 (/keyword/superiority-natural-substances-versus-drugs)	20 (/keyword/superiority-natural-substances-versus-drugs)	

### 279 Diseases Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Depression (/keyword/superiority-natural-substances-versus-drugs?ed=1620)	11 (/keyword/superiority-natural-substances-versus-drugs)	85 (/keyword/superiority-natural-substances-versus-drugs)	
Inflammation (/keyword/superiority-natural-substances-versus-drugs?ed=2800)	16 (/keyword/superiority-natural-substances-versus-drugs)	44 (/keyword/superiority-natural-substances-versus-drugs)	
Dental Plaque (/keyword/superiority-natural-substances-versus-drugs?ed=68080)	4 (/keyword/superiority-natural-substances-versus-drugs)	40 (/keyword/superiority-natural-substances-versus-drugs)	
Osteoarthritis (/keyword/superiority-natural-substances-versus-drugs?ed=825)	4 (/keyword/superiority-natural-substances-versus-drugs)	40 (/keyword/superiority-natural-substances-versus-drugs)	

NAME	AC	CK	FOCUS
Dental Caries (/keyword/superiority-natural-substances-versus-drugs?ed=6037)	6 (/keyword/superiority-natural-substances-versus-drugs)	33 (/keyword/superiority-natural-substances-versus-drugs)	
Gastroesophageal Reflux (/keyword/superiority-natural-substances-versus-drugs?ed=1987)	5 (/keyword/superiority-natural-substances-	32 (/keyword/superiority-natural-substances-	

## 1 Problematic Actions Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Regional Anesthesia: Spinal (/keyword/superiority-natural-substances-versus-drugs?ed=70322)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	

## 3 Adverse Pharmacological Actions Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Hypoglycemic (/keyword/superiority-natural-substances-versus-drugs?ed=43108)	1 (/keyword/superiority-natural-substances-versus-drugs)	2 (/keyword/superiority-natural-substances-versus-drugs)	
Ototoxic (/keyword/superiority-natural-substances-versus-drugs?ed=68920)	1 (/keyword/superiority-natural-substances-versus-drugs)	2 (/keyword/superiority-natural-substances-versus-drugs)	
Uterotrophic (/keyword/superiority-natural-substances-versus-drugs?ed=64514)	1 (/keyword/superiority-natural-substances-versus-drugs)	1 (/keyword/superiority-natural-substances-versus-drugs)	

## 252 Substances Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Policosanol (/keyword/superiority-natural-substances-versus-drugs?ed=336)	9 (/keyword/superiority-natural-substances-versus-drugs)	73 (/keyword/superiority-natural-substances-versus-drugs)	
Homeopathic Medicine: All (/keyword/superiority-natural-substances-versus-drugs?ed=6402)	7 (/keyword/superiority-natural-substances-versus-drugs)	62 (/keyword/superiority-natural-substances-versus-drugs)	
Curcumin (/keyword/superiority-natural-substances-versus-drugs?ed=5655)	16 (/keyword/superiority-natural-substances-versus-drugs)	57 (/keyword/superiority-natural-substances-versus-drugs)	

NAME	AC	CK	FOCUS
Chamomile (/keyword/superiority-natural-substances-versus-drugs?ed=94)	4 (/keyword/superiority-natural-substances-versus-drugs)	42 (/keyword/superiority-natural-substances-versus-drugs)	
Turmeric (/keyword/superiority-natural-substances-versus-drugs?ed=425)	5 (/keyword/superiority-natural-substances-versus-drugs)	42 (/keyword/superiority-natural-substances-versus-drugs)	
	5	41	

## 12 Therapeutic Actions Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Acupuncture (/keyword/superiority-natural-substances-versus-drugs?ed=6509)	5 (/keyword/superiority-natural-substances-versus-drugs)	32 (/keyword/superiority-natural-substances-versus-drugs)	
Homeopathic Treatment (/keyword/superiority-natural-substances-versus-drugs?ed=6688)	4 (/keyword/superiority-natural-substances-versus-drugs)	32 (/keyword/superiority-natural-substances-versus-drugs)	
Acupoint Injection (/keyword/superiority-natural-substances-versus-drugs?ed=20142)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	
Aromatherapy (/keyword/superiority-natural-substances-versus-drugs?ed=6654)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	
Ayurvedic Medicine (/keyword/superiority-natural-substances-versus-drugs?ed=36364)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	
Electroacupuncture (/keyword/superiority-natural-substances-versus-drugs?ed=6576)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	
Light Therapy (/keyword/superiority-natural-substances-versus-drugs?)	1 (/keyword/superiority-natural-substances-versus-drugs)	10 (/keyword/superiority-natural-substances-versus-drugs)	

## 116 Pharmacological Actions Researched for Superiority of Natural Substances versus Drugs

NAME	AC	CK	FOCUS
Anti-Inflammatory Agents (/keyword/superiority-natural-substances-versus-drugs?ed=5167)	32 (/keyword/superiority-natural-substances-versus-drugs)	88 (/keyword/superiority-natural-substances-versus-drugs)	

NAME	AC	CK	FOCUS
Anti-Bacterial Agents (/keyword/superiority-natural-substances-versus-drugs?ed=5161)	18 (/keyword/superiority-natural-substances-versus-drugs)	84 (/keyword/superiority-natural-substances-versus-drugs)	
Antioxidants (/keyword/superiority-natural-substances-versus-drugs?ed=5203)	24 (/keyword/superiority-natural-substances-versus-drugs)	63 (/keyword/superiority-natural-substances-versus-drugs)	
Analgesics (/keyword/superiority-natural-substances-versus-drugs?ed=5137)	12 (/keyword/superiority-natural-substances-versus-drugs)	57 (/keyword/superiority-natural-substances-versus-drugs)	
Antidepressive Agents (/keyword/superiority-natural-substances-versus-drugs?ed=5180)	8 (/keyword/superiority-natural-substances-versus-drugs)	56 (/keyword/superiority-natural-substances-versus-drugs)	
	10	51	
Research Articles			347
Cumulative Knowledge Score			561
<b>Overall Research Rating</b>			<b>EXCELLENT</b>

*View The Evidence:*

374 Abstracts with Superiority of Natural Substances versus Drugs Research

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**Ginkgo biloba, chamomile and kava kava exhibit therapeutic potential in generalzaed anxiety disorder. (/article/ginkgo-biloba-chamomile-and-kava-kava-exhibit-therapeutic-potential-generaliza)** [+]

OCT 15, 2010

**Zingiberaceae extracts are clinically effective hypoalgesic agents and the available data show a better safety profile than non steroidal anti inflammatory drugs. (/article/zingiberaceae-extracts-are-clinically-effective-hypoalgesic-agents-and-availab)** [+]

DEC 31, 2014

**A triple antioxidant approach to the treatment of hepatitis C may [+] be superior to traditional interferon and antiviral drug therapy.**  
(/article/triple-antioxidant-approach-treatment-hepatitis-c-may-be-superior-traditional-)

OCT 15, 1999

**A black cohosh extract is equipotent to conjugated estrogens in [+] reducing menopausal symptoms and bone markers, without adverse effects.**  
(/article/black-cohosh-extract-equipotent-conjugated-estrogens-reducing-menopausal-sympt)

MAR 14, 2003

**A capsaicin 8% patch provided non-inferior pain relief to an [+] optimized dose of pregabalin in peripheral neuropathic pain.**  
(/article/capsaicin-8-patch-provided-non-inferior-pain-relief-optimized-dose-pregabalin-)

NOV 18, 2015

**A combination of propolis, tea tree oil, and Aloe vera was better [+] than erythromycin cream in the treatment of acne.**  
(/article/combination-propolis-tea-tree-oil-and-aloe-vera-was-better-erythromycin-cream-)

DEC 31, 2017

**A Comparative study on the efficacy of coenzyme Q10 and [+] amitriptyline in the prophylactic treatment of migraine headaches.**  
(/article/comparative-study-efficacy-coenzyme-q10-and-amitriptyline-prophylactic-treatme)

DEC 31, 2021

**A dietary supplement containing melatonin, L-tryptophan, vitamin [+] B6, folic acid, vitamin B12, methionine and betaine, is superior to omeprazole in treating GERD.**  
(/article/dietary-supplement-containing-melatonin-l-tryptophan-vitamin-b6-folic-acid-vit)

OCT 01, 2006

**A formulation containing Frankincense and Turmeric extracts demonstrated a greater improvement in the treatment of OA than celecoxib.** (/article/formulation-containing-frankincense-and-turmeric-extracts-demonstrated-greater) [+]

OCT 31, 2013

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**A formulation of 0.5% propolis extract lip balm was found to be superior in the treatment of episodes of herpes labialis over 5% aciclovir cream.** (/article/formulation-05-propolis-extract-lip-balm-was-found-be-superior-treatment-episo) [+]

DEC 31, 2017

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**A homeopathic ointment preparation compares favorably with 1% diclofenac gel for acute symptomatic treatment of tendinopathy.** (/article/homeopathic-ointment-preparation-compares-favorably-1-diclofenac-gel-acute-sym) [+]

NOV 01, 2005

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**A manihot is a promising therapy for patients with primary kidney disease.** (/article/manihot-promising-therapy-patients-primary-kidney-disease) [+]

JUN 30, 2014

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**A polyherbal formual containing Neem, Sapindus and Mentha citrata is superior to Betadine in treating lower abdominal pain, vaginal itching and dysuria in women with symptoms of abnormal vaginal discharge.** (/article/polyherbal-formual-containing-neem-sapindus-and-mentha-citrata-superior-betadi) [+]

OCT 01, 2009

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**A proprietary plant-based and homeopathic remedy is superior to conventional treatment in children with acute otitis media.** (/article/proprietary-plant-based-and-homeopathic-remedy-superior-conventional-treatment) [+]

FEB 01, 2004

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**Acupoint injection of Vit B12 has a superior therapeutic effect than the drug Carbamazepine in the treatment of trigeminal neuralgia.** [+]  
(/article/acupoint-injection-vit-b12-has-superior-therapeutic-effect-drug-carbamazepine-)

SEP 01, 2007

**Acupuncture compares favorably to fluoxetine hcl (Prozac) in the treatment of depression, without the adverse side effects.** [+]  
(/article/acupuncture-compares-favorably-fluoxetine-hcl-prozac-treatment-depression-with)

JUL 01, 2009

**Acupuncture in combination with foot massage is superior to Alprazolam in the treatment of insomnia.** (+)  
(/article/acupuncture-combination-foot-massage-superior-alprazolam-treatment-insomnia)

OCT 01, 2001

**Acupuncture is more effective than doubling the proton pump inhibitor dose in controlling GERD symptoms in patients who fail standard dose proton pump inhibitors.** (+)  
(/article/acupuncture-more-effective-doubling-proton-pump-inhibitor-dose-controlling-ger)

NOV 15, 2007

**Acupuncture is more effective than the drug Motilium in treating gastroparesis.** (+)  
(/article/acupuncture-more-effective-drug-motilium-treating-gastroparesis)

APR 01, 2007

**Administration of intravenous 50 mg/kg magnesium sulfate could be as effective as morphine in reducing renal colic without any further complications.** (+)  
(/article/administration-intravenous-50-mgkg-magnesium-sulfate-could-be-effective-morphi)

DEC 31, 2020

**Administration of vaginal royal jelly was effective in quality-of-life improvement of postmenopausal women.** (+)  
(/article/administration-vaginal-royal-jelly-was-effective-quality-life-improvement-post)

OCT 31, 2016

**After 12 years from the start of the trial, the patients in the Viscum arm continue to show a considerably longer PRDFS compared to oral etoposide.** (/article/after-12-years-start-trial-patients-viscum-arm-continue-show-considerably-long) [+]

DEC 31, 2019

**Ageratina pichinchensis was effective in therapeutic treatment in patients with minor recurrent aphthous stomatitis.** (/article/ageratina-pichinchensis-was-effective-therapeutic-treatment-patients-minor-rec) [+]

JUN 19, 2015

**Aloe Vera could be a new treatment for atrophic vaginitis.** (/article/aloe-vera-could-be-new-treatment-atrophic-vaginitis) [+]

DEC 27, 2020

**Aloe Vera gel administration in patients with fixed orthodontic appliances could be important for effective prevention of traumatic oral ulceration.** (/article/aloe-vera-gel-administration-patients-fixed-orthodontic-appliances-could-be-im) [+]

OCT 28, 2019

**Aloe Vera gel is a beneficial treatment and cost effective for patients with chronic ulcers.** (/article/aloe-vera-gel-beneficial-treatment-and-cost-effective-patients-chronic-ulcers) [+]

APR 30, 2016

**Although permethrin lotion is still effective for some people, coconut and anise spray can be a significantly more effective alternative treatment.** (/article/although-permethrin-lotion-still-effective-some-people-coconut-and-anise-spray) [+]

JAN 01, 2010

**An herbal combination of saffron, celery seed and anise is more effective than the drug mefenamic acid (NSAID) in relieving menstrual pain.** (/article/herbal-combination-saffron-celery-seed-) [+]

**and-anise-more-effective-drug-mefenamic)**

SEP 01, 2009

**Apium graveolens and Trachyspermum copticom was more effective than omeprazole and placebo in reducing the symptoms in functional dyspepsia patients.** (/article/apium-graveolens-and-trachyspermum-copticom-was-more-effective-omeprazole-and-)

[+]

OCT 31, 2017

**Arnica is superior to steroids for reducing adverse effects, e.g. bruising, from rhinoplastic surgery.** (/article/arnica-superior-steroids-reducing-adverse-effects-eg-bruising-rhinoplastic-sur)

[+]

JUL 01, 2007

**Aromatherapy massage on the abdomen is superior to Tylenol for alleviating menstrual pain in high school girls.** (/article/aromatherapy-massage-abdomen-superior-tylenol-alleviating-menstrual-pain-high-)

[+]

JAN 01, 2012

**Bitter melon is superior to the drug rosiglitazone (Avandia) in type 2 diabetic patients.** (/article/bitter-melon-superior-drug-rosiglitazone-avandia-type-2-diabetic-patients)

[+]

MAY 01, 2009

**Black cohosh compares favorably to fluoxetine in the treatment of postmenopausal symptoms.** (/article/black-cohosh-compares-favorably-fluoxetine-treatment-postmenopausal-symptoms)

[+]

FEB 28, 2007

**Boswellia appears superior to mesalazine in safety and efficacy in the treatment of Crohn's disease.** (/article/boswellia-appears-superior-mesalazine-safety-and-efficacy-treatment-crohns-dis)

[+]

JAN 01, 2001

**Caffeine is as effective as aminophylline, while it is superior to aminophylline regarding its overall safety.** (/article/caffeine-effective-aminophylline-while-it-superior-aminophylline-regarding-

[+]

its)

DEC 31, 2017

**Calendula vaginal cream appears to have been effective in the treatment of vaginal Candidiasis. (/article/calendula-vaginal-cream-appears-have-been-effective-treatment-vaginal-candidia)** [+]

NOV 22, 2016

**Clinical efficacy of Manasamitra Vataka (an Ayurveda medication) on generalized anxiety disorder with comorbid generalized social phobia: a randomized controlled study. (/article/clinical-efficacy-manasamitra-vataka-ayurveda-medication-generalized-anxiety-d)** [+]

MAY 31, 2012

**Comparison of the effect of photobiomodulation therapy and Ibuprofen on postoperative pain after endodontic treatment. (/article/comparison-effect-photobiomodulation-therapy-and-ibuprofen-postoperative-pain-)** [+]

MAY 31, 2020

**Comparison of the effectiveness of fennel and mefenamic acid on pain intensity in dysmenorrhoea. (/article/comparison-effectiveness-fennel-and-mefenamic-acid-pain-intensity-dysmenorrhoe)** [+]

APR 30, 2006

**Comparison of treatment of 150 individuals with superficial burns using Honey versus silver sulphadiazine on 2 different sites of each patients, with significant improvement of honey treatment over silver. (/article/comparison-treatment-150-individuals-superficial-burns-using-honey-versus-silv)** [+]

SEP 30, 2010

**Consumption of Chamomile seems to be more effective than a drug in relieving the intensity of PMS associated symptomatic psychological pains. (/article/consumption-chamomile-seems-be-more-effective-drug-relieving-intensity-pms-ass)** [+]

JAN 31, 2014

**Curcumin could result in faster recovery in comparison with mucosamin and chlorhexidine. (/article/curcumin-could-result-faster-recovery-comparison-mucosamin-and-chlorhexidine)** [+]

MAY 01, 2022

**Curcumin is safe and efficacious in treating major depressive disorder. (/article/curcumin-safe-and-efficacious-treating-major-depressive-disorder)** [+]

JUL 05, 2013

**Curcumin treatment is safe and superior to drug therapy in patients with active RA. (/article/curcumin-treatment-safe-and-superior-drug-therapy-patients-active-ra)** [+]

OCT 31, 2012

**Desiccated thyroid extract compares favorably with levothyroxine in the treatment of hypothyroidism. (/article/desiccated-thyroid-extract-compares-favorably-levothyroxine-treatment-hypothy)** [+]

APR 30, 2013

**Dessicated thyroid (Armour) has been associated with superior clinical outcomes compared to levothyroxine in the treatment of hypothyroidism. (/article/dessicated-thyroid-armour-has-been-associated-superior-clinical-outcomes-compa)** [+]

JUN 01, 2004

**Echinacea solution was more effective in decreasing the oral microbial flora of patients in the intensive care unit. (/article/echinacea-solution-was-more-effective-decreasing-oral-microbial-flora-patients)** [+]

OCT 31, 2017

**Echinaforce Hotdrink is as effective as oseltamivir in the early treatment of confirmed influenza virus infections with a reduced risk of complications and adverse events. (/article/echinaforce-hotdrink-effective-oseltamivir-early-treatment-confirmed-influenza)** [+]

NOV 30, 2015

**Effect of Artemisia annua and Artemisia afra tea infusions on schistosomiasis in a large clinical trial.** (/article/effect-artemisia-annua-and-artemisia-afra-tea-infusions-schistosomiasis-large-)

[+]

NOV 30, 2018

**Effects of Allium sativum (Garlic) on systolic and diastolic blood pressure in patients with essential hypertension.** (/article/effects-allium-sativum-garlic-systolic-and-diastolic-blood-pressure-patients-e)

[+]

AUG 31, 2013

**Efficacy and safety of Curcuma domestica extracts compared with ibuprofen in patients with knee osteoarthritis: a multicenter study.** (/article/efficacy-and-safety-curcuma-domestica-extracts-compared-ibuprofen-patients-kne)

[+]

DEC 31, 2013

**Electroacupuncture is superior to fluoxetine (Prozac) in improving the TH1/TH2 cytokine ratios in depressed patients.** (/article/electroacupuncture-superior-fluoxetine-prozac-improving-th1th2-cytokine-ratios)

[+]

SEP 01, 2009

**Fig fruit extract can be used instead of low potent corticosteroid in mild to moderate cases of atopic dermatitis.** (/article/fig-fruit-extract-can-be-used-instead-low-potent-corticosteroid-mild-moderate-)

[+]

NOV 30, 2017

**Garlic could be a suitable alternative for metronidazole in treatment of BV in those interested in herbal medicines or those affected by side effects of metronidazole.** (/article/garlic-could-be-suitable-alternative-metronidazole-treatment-bv-those-interest)

[+]

JUN 30, 2014

**Garlic seems safer clinically and as effective as d-penicillamine for removing lead from the body. (/article/garlic-seems-safer-clinically-and-effective-d-penicillamine-removing-lead-body)** [+]

APR 30, 2012

**Ginger compares favorably to the drug sumatriptan for migraine headaches, but with lower side effects. (/article/ginger-compares-favorably-drug-sumatriptan-migraine-headaches-lower-side-effic)** [+]

MAY 08, 2013

**Ginkgo biloba is as effective as the drug donepezil (Aricept) in improving symptoms of Alzheimers, but with less side effects. (/article/ginkgo-biloba-effective-drug-donepezil-aricept-improving-symptoms-alzheimers-l)** [+]

MAR 01, 2009

**Grapefruit seeds are effective in treating urinary tract infections. (/article/grapefruit-seeds-are-effective-treating-urinary-tract-infections)** [+]

APR 01, 2005

**Green tea mouth rinse resulted in significant reduction of colony number of salivary Streptococcus mutans and Lactobacillus which is comparable with sodium fluoride mouth rinse. (/article/green-tea-mouth-rinse-resulted-significant-reduction-colony-number-salivary-st)** [+]

NOV 30, 2011

**Guggul extract is as at least as effective as tetracycline in treating nodulocystic acne. (/article/guggul-extract-least-effective-tetracycline-treating-nodulocystic-acne)** [+]

OCT 01, 1994

**High-dose senna compares favorably with conventional polyethylene glycol-electrolyte lavage solution for outpatient colonoscopy preparation. (/article/high-dose-senna-compares-favorably-conventional-polyethylene-glycol-electrolyt)** [+]

DEC 01, 2005

**Hirudin, a compound extracted from the saliva of medicinal leaches, is superior to the drug dipyridamole in treating immunoglobulin A nephropathy.** (/article/hirudin-compound-extracted-saliva-medicinal-leaches-superior-drug-dipyridamole) [+]

MAR 01, 2008

**Holy basil was found to be equally effective in reducing periodontal indices as chlorhexidine yet with no side effects.** (/article/holy-basil-was-found-be-equally-effective-reducing-periodontal-indices-chlorhe) [+]

MAR 31, 2014

**Homeopathic calendula is effective and superior to the drug trolamine in the treatment of irradiation-induced dermatitis for breast cancer.** (/article/homeopathic-calendula-effective-and-superior-drug-trolamine-treatment-irradiat) [+]

APR 15, 2004

**Honey is superior to dextromethorphan in treating nocturnal cough for coughing children.** (/article/honey-superior-dextromethorphan-treating-nocturnal-cough-coughing-children) [+]

NOV 30, 2007

**Honey plus coffee beats prednisone in treating symptoms of persistent, post-infectious cough.** (/article/honey-plus-coffee-beats-prednisone-treating-symptoms-persistent-post-infectiti) [+]

AUG 31, 2013

**Hypericum extract is superior to fluoxetine in treating depressed patients.** (/article/hypericum-extract-superior-fluoxetine-treating-depressed-patients) [+]

MAY 31, 2005

**Hypericum perforatum compares favorable to fluoxetine in the treatment of mild to moderate depression.** (/article/hypericum-perforatum-compares-favorable-fluoxetine-treatment-mild-) [+]

**moderate-dep)**

FEB 28, 2006

**Hypericum perforatum compares favorable to fluoxetine in the treatment of mild to moderate depression.** (/article/hypericum-perforatum-compares-favorable-fluoxetine-treatment-mild-moderate-d-0) [+]

FEB 28, 2006

**In this comparative study, homoeopathic remedies against conventional treatments, the homoeopathic remedies had lower free of recurrence rates.** (/article/comparative-study-homoeopathic-remedies-against-conventional-treatments-homoeo) [+]

JUN 30, 1997

**Kava was judged to be well-tolerated and as effective as Buspirone and Opipramol in the acute treatment of out-patients suffering from Generalized Anxiety Disorder.** (/article/kava-was-judged-be-well-tolerated-and-effective-buspirone-and-opipramol-acute-) [+]

JAN 01, 2003

**L-carnitine lowers lipoprotein (a) serum levels in patients with type 2 diabetes, whereas simvastatin increases them.** (/article/l-carnitine-lowers-lipoprotein-serum-levels-patients-type-2-diabetes-whereas-s) [+]

OCT 01, 2006

**Lactobacillus is superior to Mesalazine in the long-term remission of symptomatic uncomplicated diverticular disease of the colon.** (/article/lactobacillus-superior-mesalazine-long-term-remission-symptomatic-uncompliate) [+]

MAY 01, 2008

**Light therapy is as effective as fluoxetine (Prozac) in treating seasonal affective disorder, with fewer adverse effects.** (/article/light-therapy-effective-fluoxetine-prozac-treating-seasonal-affective-disorder) [+]

MAY 01, 2006

**Lipid garlic extract is effective and a safe modality with good cure rates for treatment of recalcitrant multiple common warts.** [+]  
(/article/lipid-garlic-extract-effective-and-safe-modality-good-cure-rates-treatment-rec)

AUG 31, 2014

**Manuka honey is superior to standard hydrogel therapy in the treatment of sloughy venous ulcers.** (+)  
(/article/manuka-honey-superior-standard-hydrogel-therapy-treatment-sloughy-venous-ulcer)

FEB 01, 2009

**Mao-to, a Japanese herbal medicine, is more effective than Oseltamivir in controlling fever due to type A influenza infection in children.** (+)  
(/article/mao-japanese-herbal-medicine-more-effective-oseltamivir-controlling-fever-due-)

FEB 01, 2007

**Melatonin versus trazodone for the treatment of new onset insomnia.** (+)  
(/article/melatonin-versus-trazodone-treatment-new-onset-insomnia)

MAR 31, 2023

**Melatonin was superior to amitriptyline in the percentage of patients with a greater than 50% reduction in migraine frequency.** (+)  
(/article/melatonin-was-superior-amitriptyline-percentage-patients-greater-50-reduction-)

MAY 09, 2016

**Mistletoe extract is superior to gemcitabine in patients with inoperable locally advanced pancreatic cancer.** (+)  
(/article/mistletoe-extract-superior-gemcitabine-patients-inoperable-locally-advanced-pa)

MAY 01, 2005

**Myrtus solution was found to be effective in the treatment of dandruff.** (+)  
(/article/myrtus-solution-was-found-be-effective-treatment-dandruff)

APR 30, 2018

**N-acetylcysteine versus chlorhexidine in treatment of aphthous ulcers. (/article/n-acetylcysteine-versus-chlorhexidine-treatment-aphthous-ulcers)**

[+]

NOV 20, 2019

**NAC can be used as a substitute for insulin-sensitizing agent in treatment of polycystic ovarian syndrome. (/article/nac-can-be-used-substitute-insulin-sensitizing-agent-treatment-polycystic-ovar)**

[+]

JAN 31, 2019

**Neurexan might be an effective and well-tolerated alternative to conventional valerian-based therapies for the treatment of mild to moderate insomnia. (/article/neurexan-might-be-effective-and-well-tolerated-alternative-conventional-valeri)**

[+]

DEC 31, 2007

**Nicotinamide adenine dinucleotide (NADH) compares favorably to conventional therapy for chronic fatigue syndrome. (/article/nicotinamide-adenine-dinucleotide-nadh-compares-favorably-conventional-therapy)**

[+]

JUN 01, 2004

**Patients and their physicians recorded significant improvements from homeopathic treatments leading to many previously prescribed drugs been discontinued. (/article/patients-and-their-physicians-recorded-significant-improvements-homeopathic-tr)**

[+]

DEC 31, 2003

**Policosanol is more effective than pravastatin on improving blood lipid profiles, platelet aggregation and endothelema in older patients with type II hypercholesterolemia and high coronary risk. (/article/policosanol-more-effective-pravastatin-improving-blood-lipid-profiles-platelet)**

[+]

JAN 01, 2003

**Policosanol is superior to Lipitor (atorvastatin) in improving blood lipid profiles and inhibiting platelet aggregation.** [+]  
(/article/policosanol-superior-lipitor-atorvastatin-improving-blood-lipid-profiles-and-i)

JAN 01, 2003

**Policosanol is superior to lovastatin and simvastatin in positively modulating blood lipid profiles.** [+]  
(/article/policosanol-superior-lovastatin-and-simvastatin-positively-modulating-blood-li)

MAR 01, 1999

**Policosanol is superior to lovastatin in patients with intermittent claudication.** [+]  
(/article/policosanol-superior-lovastatin-patients-intermittent-claudication)

JAN 01, 2003

**Policosanol is superior to the drug besfibrate in lowering blood lipids.** [+]  
(/article/policosanol-superior-drug-besfibrate-lowering-blood-lipids)

JAN 01, 2000

**Policosanol is superior to ticlopidine in patients with intermittent claudication.** [+]  
(/article/policosanol-superior-ticlopidine-patients-intermittent-claudication)

JUL 01, 2004

**Probiotic strains from breast milk are superior to antibiotics in the treatment of infectious mastitis.** [+]  
(/article/probiotic-strains-breast-milk-are-superior-antibiotics-treatment-infectious-ma)

JUN 15, 2010

**Propolis is effective against Denture stomatitis.** [+]  
(/article/propolis-effective-against-denture-stomatitis)

AUG 11, 2008

**Propolis is superior to the drug acyclovir in the treatment of genital herpes. (/article/propolis-superior-drug-acyclovir-treatment-genital-herpes)** [+]

MAR 01, 2000

**Propolis is the most effective in reducing plaque from baseline to 24 h followed by Colgate total and Miswak toothpaste. (/article/propolis-most-effective-reducing-plaque-baseline-24-h-followed-colgate-total-a)** [+]

JUN 30, 2015

**Psyllium reduced fecal incontinent episodes and improved symptom severity and quality of life with less adverse effects than Loperamide. (/article/psyllium-reduced-fecal-incontinent-episodes-and-improved-symptom-severity-and-)** [+]

SEP 30, 2015

**Pycnogenol reduces smoking-induced platelet aggregation as effectively as aspirin, with longer duration of action and with far less prolongation of bleeding time. (/article/pycnogenol-reduces-smoking-induced-platelet-aggregation-effectively-aspirin-lo)** [+]

AUG 15, 1999

**Rehmannia appears to be effective than the drug stanozolol in accelerating symptom remission in patients with Chronic Aplastic Anemia. (/article/rehmannia-appears-be-effective-drug-stanozolol-accelerating-symptom-remission-)** [+]

DEC 07, 2009

**Saffron capsules showed the same antidepressant efficacy compared with fluoxetine in patients with a prior history of PCI who were suffering from depression. (/article/saffron-capsules-showed-same-antidepressant-efficacy-compared-fluoxetine-patients)** [+]

JAN 31, 2014

**Sam-e works as good as Piroxicam, but sustained clinical improvement longer. (/article/sam-e-works-good-piroxicam-sustained-clinical-improvement-longer)** [+]

NOV 20, 1987

**Sam-e works like NSAIDs against inflammation in osteoarthritis, but is more tolerable. (/article/sam-e-works-nsaids-against-inflammation-osteoarthritis-more-tolerable)** [+]

NOV 20, 1987

**Saw palmetto inhibits 5-alpha reductase activity in prostate cancer cell lines without interfering with PSA expression as is the case for pharmaceutical 5-alpha reductase inhibitors. (/article/saw-palmetto-inhibits-5-alpha-reductase-activity-prostate-cancer-cell-lines-w)** [+]

DEC 01, 2006

**Silymarin has anti-inflammatory activity superior to the drugs piroxicam and meloxicam in the treatment of osteoarthritis of the knee. (/article/silymarin-has-anti-inflammatory-activity-superior-drugs-piroxicam-and-meloxica)** [+]

MAR 10, 2010

**Solanum chrysotrichum is effective and well-tolerated in the local treatment of Pityriasis capitis infection of the scalp. (/article/solanum-chrysotrichum-effective-and-well-tolerated-local-treatment-pityriasis-)** [+]

JUN 01, 2004

**Solanum chrysotrichum is superior to 2% ketoconazole in the treatment of Athlete's foot. (/article/solanum-chrysotrichum-superior-2-ketoconazole-treatment-athletes-foot)** [+]

MAY 01, 2003

**St John's wort was significantly more effective than fluoxetine and showed a trend toward superiority over placebo (/article/st-johns-wort-was-significantly-more-effective-fluoxetine-and-showed-trend-tow)** [+]

SEP 30, 2005

**Taking cumin cyminum L. for eight weeks among overweight subjects had the same effects of orlistat120 on weight and BMI but with beneficial effects on insulin metabolism. (/article/taking-cumin-cyminum-l-eight-weeks-among-overweight-subjects-had-same-effects-)**

MAR 02, 2015

[+]

**Taking myo-inositol by women with PCOS had beneficial effects on glycemic control, triglycerides and VLDL-cholesterol levels, and gene expression of PPAR-γ. (/article/taking-myo-inositol-women-pcos-had-beneficial-effects-glycemic-control-triglyc)**

JAN 03, 2019

[+]

**Tea tree is an effective therapy for fluconazole-refractory oropharyngeal candidiasis. (/article/tea-tree-effective-therapy-fluconazole-refractory-oropharyngeal-candidiasis)**

SEP 01, 2002

[+]

**Tea tree topical preparations are superior to standard topical regimen for the clearance of MRSA colonization. (/article/tea-tree-topical-preparations-are-superior-standard-topical-regimen-clearance-)**

APR 01, 2004

[+]

**The amino acid tyrosine is superior to synthetic T4/T3 combination in reducing TSH and improving mood in winter, whereas the T4/T3 combination worsens mood in the summer with no improvement in winter. (/article/amino-acid-tyrosine-superior-synthetic-t4t3-combination-reducing-tsh-and-impro)**

JAN 01, 2004

[+]

**The anti-inflammatory potential of topical curcumin was similar to chlorhexidine-metronidazole but superior to chlorhexidine in affecting IL-1β and CCL28 levels. (/article/anti-inflammatory-potential-topical-curcumin-was-similar-chlorhexidine-metroni)**

JUL 28, 2015

[+]

**The Ayurvedic herb Kulattha is superior to potassium citrate in treating kidney calcification disease. (/article/ayurvedic-herb-kulattha-superior-potassium-citrate-treating-kidney-calcificati)**

[+]

MAY 01, 2010

**The effectiveness of 0.5% C. sinensis extract was more compared to 0.05% sodium fluoride and 0.2% chlorhexidine gluconate mouth rinses. (/article/effectiveness-05-c-sinensis-extract-was-more-compared-005-sodium-fluoride-and-)**

APR 30, 2015

**The efficacy of Kundur (*Boswellia serrata Roxb. Ex Colebr.*) in Vulvovaginal candidiasis. (/article/efficacy-kundur-boswellia-serrata-roxb-ex-colebr-vulvovaginal-candidiasis)**

[+]

JUN 23, 2022

**The ginger extract is as good as loratadine in improving nasal symptoms and quality of life in allergic rhinitis patients. (/article/ginger-extract-good-loratadine-improving-nasal-symptoms-and-quality-life-aller)**

[+]

APR 19, 2020

**The mushroom *Grifola umbellata* is superior to mitomycin C in preventing postoperative recurrence of bladder cancer. (/article/mushroom-grifola-umbellata-superior-mitomycin-c-preventing-postoperative-recur)**

[+]

SEP 05, 2007

**The results of this pilot study showed that the efficacy of *Althaea officinalis* 1% ointment in a decrease of disease severity is more than hydrocortisone. (/article/results-pilot-study-showed-efficacy-althaea-officinalis-1-ointment-decrease-di)**

[+]

OCT 08, 2020

**The results of this study indicate that Individualized homeopathic treatment is comparable to fluoxetine in peri- and posmenopausal women and improves menopausal symptoms. (/article/results-**

[+]

**study-indicate-individualized-homeopathic-treatment-comparable-fluoxet)**

DEC 31, 2014

**The results revealed that M. Officinalis L. may be recommended for [+] improving the quality of life of menopausal women with sleep disturbance. (/article/results-revealed-m-officinalis-l-may-be-recommended-improving-quality-life-men)**

JAN 18, 2021

**Theophylline is a safe and more effective pain treatment for Post-dural puncture headaches than acetaminophen. [+] (/article/theophylline-safe-and-more-effective-pain-treatment-post-dural-puncture-headac)**

SEP 30, 2013

**These data suggest that palmitoylethanolamide is effective in treating temporomandibular joint inflammatory pain. [+] (/article/these-data-suggest-palmitoylethanolamide-effective-treating-temporomandibular-)**

DEC 31, 2011

**These results demonstrated better clinical and antimicrobial efficacy of EPs 7630 than amoxicillin. (/article/these-results-demonstrated-better-clinical-and-antimicrobial-efficacy-eps-7630)**

SEP 30, 2020

**These results show that the efficacy of saffron is comparable to that of methylphenidate. (/article/these-results-show-efficacy-saffron-comparable-methylphenidate)**

SEP 27, 2022

**Topical application of clove oil cream has significant beneficial effects in the patients with chronic anal fissure. (/article/topical-application-clove-oil-cream-has-significant-beneficial-effects-patient)**

JUL 01, 2007

**Topical honey is superior to acyclovir in treating recurrent herpes simplex lesions. (/article/topical-honey-superior-acyclovir-treating-recurrent-herpes-simplex-lesions)** [+]

AUG 01, 2004

**Treatment of functional constipation by Psyllium seed in patients with gastroesophageal reflux disease leads to improvement and lessens its recurrence. (/article/treatment-functional-constipation-psyllium-seed-patients-gastroesophageal-refl)** [+]

DEC 31, 2017

**Treatments of policosanol, not aspirin, significantly increased walking distances in patients with intermittent claudication. (/article/treatments-policosanol-not-aspirin-significantly-increased-walking-distances-p)** [+]

JUN 01, 2008

**Tripterygium wilfordii Hook F was well tolerated and prolonged remission in patients with Crohn's disease. (/article/tripterygium-wilfordii-hook-f-was-well-tolerated-and-prolonged-remission-patie)** [+]

OCT 31, 2015

**Tripterygium wilfordii is superior to sulfasalazine in treating rheumatoid arthritis. (/article/tripterygium-wilfordii-superior-sulfasalazine-treating-rheumatoid-arthritis)** [+]

AUG 18, 2009

**Use of 15% azelaic acid gel twice daily for 15 weeks demonstrated significant superiority over using 0.75% metronidazole gel in improving principal signs of rosacea (inflammatory lesions and erythema). (/article/use-15-azelaic-acid-gel-twice-daily-15-weeks-demonstrated-significant-superior)** [+]

NOV 01, 2003

**Viburcol was an effective alternative to acetaminophen treatment and significantly better tolerated. (/article/viburcol-was-effective-alternative-acetaminophen-treatment-and-significantly-b)** [+]

DEC 31, 2004

**Vitamin B12 is superior to the drug Nortriptyline in the treatment of diabetic neuropathy. (/article/vitamin-b12-superior-drug-nortriptyline-treatment-diabetic-neuropathy)** [+]

JAN 01, 2009

**Wobenzym is effective in the treatment of lymphedema after breast operation. (/article/wobenzym-effective-treatment-lymphedema-after-breast-operation)** [+]

JAN 01, 1996

**Wobenzym was judged more effective than Lynestrenol therapy in the management of mastopathy. (/article/wobenzym-was-judged-more-effective-lynestrenol-therapy-management-mastopathy)** [+]

JAN 01, 1996

**Yoga is more effective than fluoxetine (Prozac) for improving premature ejaculation. (/article/yoga-more-effective-fluoxetine-prozac-improving-premature-ejaculation)** [+]

NOV 01, 2007

**Elderflower might be valuable as a functional food against diabetes. (/article/elderflower-might-be-valuable-functional-food-against-diabetes)** [+]

JAN 05, 2017

**Nigella sativa has successfully produced inhibition of growth of MCF cell lines with an equivalent potency as that of the standard cisplatin. (/article/nigella-sativa-has-successfully-produced-inhibition-growth-mcf-cell-lines-equ)** [+]

MAR 31, 2015

**A Chinese herbal formula containing Red Sage, Cordyceps and Peach kernel is superior to methylprednisolone against experimental pulmonary fibrosis. (/article/chinese-herbal-formula-containing-red-sage-cordyceps-and-peach-kernel-superior)** [+]

MAY 01, 2007

**A combination of astaxanthin, Ginkgo biloba and vitamin C is equal [+] to or better than ibuprofen for reducing asthma-associated respiratory inflammation. (/article/combination-astaxanthin-ginkgo-biloba-and-vitamin-c-equal-or-better-ibuprofen-)**

JAN 01, 2011

**A compound in Kimchi (fermented cabbage) is superior to simvastatin in inhibiting atherosclerosis in rabbits. [+] (/article/compound-kimchi-fermented-cabbage-superior-simvastatin-inhibiting-atherosclero)**

DEC 12, 2007

**A water extract of the heartwood of Pterocarpus compares favorably to digoxin as a cardiotonic agent. [+] (/article/water-extract-heartwood-ptero-carpu-comparisons-favorably-digoxin-cardiotonic-age)**

JUN 01, 2007

**A whole plant extract of artemisia annua was more effective than pure artemisinin, slowing the evolution of malaria drug resistance and overcoming resistance to artemisinin. [+] (/article/whole-plant-extract-artemisia-annua-was-more-effective-pure-artemisinin-slow-0)**

JAN 19, 2015

**Aegle marmelos (Bael) contains a compound, scopoletin, with antithyroid activity superior to that of propylthiouracil. [+] (/article/aegle-marmelos-bael-contains-compound-scopoletin-antithyroid-activity-superior)**

DEC 01, 2006

**Algal fucoidan, unlike heparin, has thrombolytic activity in a murine arterial thrombosis model. [+] (/article/algal-fucoidan-unlike-heparin-has-thrombolytic-activity-murine-arterial-thromb)**

JUN 30, 2012

**An antithrombotic fucoidan, unlike heparin, does not prolong bleeding time in a murine arterial thrombosis model.** [+]  
(/article/antithrombotic-fucoidan-unlike-heparin-does-not-prolong-bleeding-time-murine-a)

APR 30, 2012

**An aqueous extract of fermented barley with Lactobacillus plantarum dy-1 had a greater apoptotic rate than 5-fluorouracil.** [+]  
(/article/aqueous-extract-fermented-barley-lactobacillus-plantarum-dy-1-had-greater-apop)

DEC 31, 2016

**An ellagic acid enriched pomegranates extract promoted cholesterol removal by enhancing fecal bile acid.** (/[article/ellagic-acid-enriched-pomegranates-extract-promoted-cholesterol-removal-enhanc](#)) [+]

FEB 28, 2015

**An extract of Dill had significant antidepressant and analgesic effects compared with the drug references without any adverse effects.** (/[article/extract-dill-had-significant-antidepressant-and-analgesic-effects-compared-dru](#)) [+]

FEB 10, 2016

**An extract of Musa sapientum fruit showed antidiabetic and better ulcer healing effects compared with omeprazole.** (/[article/extract-musa-sapientum-fruit-showed-antidiabetic-and-better-ulcer-healing-effe](#)) [+]

NOV 04, 2013

**An extract of Phyllanthus urinaria demonstrates antithrombosis and anti-platelet activity with less bleeding side effects as compared to aspirin or urokinase.** (/[article/extract-phyllanthus-urinaria-demonstrates-antithrombosis-and-anti-platelet-act](#)) [+]

MAR 01, 2004

**An oil-based Dill extract used topically was found to be significantly [+] more effective than Diclofenac-gel. (/article/oil-based-dill-extract-used-topically-was-found-be-significantly-more-effective)**

DEC 31, 2011

**Andrographis may be more effective an anticancer agent than Doxorubicin in lymphoma. (/article/andrographis-may-be-more-effective-anticancer-agent-doxorubicin-lymphoma) [+]**

DEC 01, 2008

**Annona muricata peel extract inhibits carbohydrate metabolizing enzymes and reduces pancreatic  $\beta$ -cells, inflammation, and apoptosis. (/article/annona-muricata-peel-extract-inhibits-carbohydrate-metabolizing-enzymes-and-re) [+]**

DEC 31, 2021

**Antioxidant and wound healing potential of saponins extracted from the leaves of Algerian Urtica dioica. (/article/antioxidant-and-wound-healing-potential-saponins-extracted-leaves-algerian-urt) [+]**

APR 30, 2017

**Apple cider vinegar might prove to be beneficial prophylaxis against Alzheimer's disease-like neurological diseases. (/article/apple-cider-vinegar-might-prove-be-beneficial-prophylaxis-against-alzheimers-d) [+]**

JUN 27, 2021

**Artemisia princeps is superior to the drug rosiglitazone in improving lipid dysregulation and fatty liver in obese diabetic mice. (/article/artemisia-princeps-superior-drug-rosiglitazone-improving-lipid-dysregulation-a) [+]**

DEC 01, 2009

**Artesunate, a novel derivative of artemisinin, has in vitro and in vivo anticancer activity against pancreatic cancer. It exhibits selective cytotoxicity and has in vivo antitumor activity similar to that of gemcitabine. (/article/artesunate-novel-derivative-artemisinin-has-vitro-and-vivo-anticancer-activity-a) [+]**

APR 01, 2010

**Atractylodes macrocephala or Taraxacum herba extracts can be considered natural agents that can prevent inflammatory bowel disease relapse.** (/article/atractylodes-macrocephala-or-taraxacum-herba-extracts-can-be-considered-natura) [+]

SEP 14, 2017

**Bacopa monnieri extracts have significant anti-hyperglycemic and anti-nociceptive potential.** (/article/bacopa-monnieri-extracts-have-significant-anti-hyperglycemic-and-anti-nocicept) [+]

OCT 31, 2015

**Bioavailability and in vivo antioxidant activity of a standardized polyphenol mixture extracted from brown propolis.** (/article/bioavailability-and-vivo-antioxidant-activity-standardized-polyphenol-mixture-) [+]

JAN 12, 2020

**Black cohosh (Cimicfuga racemosa) has anti-osteoporotic effects in castrated male rats, without profoundly effecting prostate.** (/article/black-cohosh-cimicfuga-racemosa-has-anti-osteoporotic-effects-castrated-male-r) [+]

JUN 16, 2005

**Black cohosh is an effective alternative to estradiol-17beta due to its selective estrogen receptor modulator activity.** (/article/black-cohosh-effective-alternative-estradiol-17beta-due-its-selective-estrogen) [+]

OCT 01, 2003

**Black Cohosh may be an ideal Selective Estrogen Receptor Modulator (SERM) alternative to hormone replacement therapy.** (/article/black-cohosh-may-be-ideal-selective-estrogen-receptor-modulator-serm-alternati) [+]

SEP 01, 2008

**Both resveratrol and garlic have similar property to increase insulin [+] secretion from beta cells. (/article/both-resveratrol-and-garlic-have-similar-property-increase-insulin-secretion-b)**

DEC 31, 2015

**Capsicum annum L lyophilized fruit extract has a gastroprotective [+] effect in experimentally-induced gastric ulcer in rats. (/article/capsicum-annum-l-lyophilized-fruit-extract-has-gastroprotective-effect-experim)**

MAR 31, 2015

**CARI III exerted anti-cancer activity that is comparable to doxorubicin against melanoma in vivo, as well as in vitro. [+] (/article/cari-iii-exerted-anti-cancer-activity-comparable-doxorubicin-against-melanoma-)**

DEC 31, 2013

**Cascara sagrada does not contribute to carcinogenesis in a rat model, as does the stimulant laxative drug bisacodyl (Dulcolax). [+] (/article/cascara-sagrada-does-not-contribute-carcinogenesis-rat-model-does-stimulant-la)**

SEP 07, 2001

**Chamomile is superior to corticosteroids in the healing of ulcers. [+] (/article/chamomile-superior-corticosteroids-healing-ulcers)**

SEP 19, 2008

**Cinnamaldehyde and berberine have greater anti-diabetic efficacy [+] than metformin. (/article/cinnamaldehyde-and-berberine-have-greater-anti-diabetic-efficacy-metformin)**

NOV 05, 2008

**Compounds from cumin were found to have antiglycative effects [+] greater than aminoguanidine, a synthetic antiglycative agent. (/article/compounds-cumin-were-found-have-antiglycative-effects-greater-aminoguanidine-s)**

NOV 24, 2015

**Crocetin extracted from saffron shows antitumor effects in models of human glioblastoma.** (/article/crocetin-extracted-saffron-shows-antitumor-effects-models-human-glioblastoma) [+]

JAN 08, 2020

**Crocin had a superior effect compared to sitagliptin on blood sugar level, β-islets diameter and insulin immune-reactivity.** (/article/crocin-had-superior-effect-compared-sitagliptin-blood-sugar-level-islets-diameter) [+]

JUL 30, 2019

**Cumin seeds improves blood lipid profiles, blood sugar and glycation in diabetic rats more effectively than glibenclamide.** (/article/cumin-seeds-improves-blood-lipid-profiles-blood-sugar-and-glycation-diabetic-r) [+]

SEP 01, 2002

**Curcumin has a similar effect to hydrocortisone in preventing bleomycin-induced pulmonary fibrosis.** (/article/curcumin-has-similar-effect-hydrocortisone-preventing-bleomycin-induced-pulmon) [+]

JUN 13, 2007

**Curcumin is more effective than prednisone at suppressing bleomycin-induced pulmonary fibrosis in rats.** (/article/curcumin-more-effective-prednisone-suppressing-bleomycin-induced-pulmonary-fib) [+]

MAY 01, 2008

**Curcumin is superior to drug therapies for preventing scopolamine-induced memory impairment.** (/article/curcumin-superior-drug-therapies-preventing-scopolamine-induced-memory-impair) [+]

JAN 26, 2011

**DDW in mice counteracted the behavioral, transcriptional and proliferative changes typical of the depressive-like states, which was comparable to the effects of citalopram.** (/article/ddw-mice-) [+]

counteracted-behavioral-transcriptional-and-proliferative-changes-type)

JAN 14, 2015

**Dimethyl trisulfide is a promising next-generation countermeasure [+] for cyanide intoxication. (/article/dimethyl-trisulfide-promising-next-generation-countermeasure-cyanide-intoxicat)**

MAR 02, 2016

**Docusate sodium exhibits ototoxic properties and is inferior to water for ear wax removal. (/article/docusate-sodium-exhibits-ototoxic-properties-and-inferior-water-ear-wax-removal) [+]**

NOV 18, 2011

**Earthworm paste has antioxidant and antiulcer properties superior [+] to the drug ranitidine. (/article/earthworm-paste-has-antioxidant-and-antiulcer-properties-superior-drug-ranitid)**

JAN 01, 2007

**Earthworm paste has gastroprotective properties and is superior to [+] the drug ranitidine in preventing experimentally induced gastric ulcer. (/article/earthworm-paste-has-gastroprotective-properties-and-superior-drug-ranitidine-p)**

MAR 01, 2010

**Echinacea can stimulate immune system more than levamisole and [+] has better prophylactic effect on incidence of phenytoin-induced cleft palate. (/article/echinacea-can-stimulate-immune-system-more-levamisole-and-has-better-prophylac)**

DEC 01, 2006

**Extract of Lycopus europaeus (Gypsywort) is comparable to the beta-blocker atenolol in reducing cardiac signs associated with hyperthyroidism in rats. (/article/extract-lycopus-europaeus-gypsywort-comparable-beta-blocker-atenolol-reducing-) [+]**

NOV 01, 2002

**Flaxseed reduces plasma cholesterol and atherosclerotic lesion formation in ovariectomized Golden Syrian hamsters.** [+]  
(/article/flaxseed-reduces-plasma-cholesterol-and-atherosclerotic-lesion-formation-ovari)

MAR 31, 2004

**Galangin could be a beneficial anti-allergic inflammatory agent.** [+]  
(/article/galangin-could-be-beneficial-anti-allergic-inflammatory-agent)

JUN 30, 2013

**Ganoderma lucidum of Mexican origin represent a new source of bioactive compounds showing hypocholesterolemic properties and prebiotic effects.** [+]  
(/article/ganoderma-lucidum-mexican-origin-represent-new-source-bioactive-compounds-show)

DEC 31, 2015

**Garlic is better at lowering glucose, and improving other blood markers, than glibenclamide.** [+]  
(/article/garlic-better-lowering-glucose-and-improving-other-blood-markers-glibenclamide)

NOV 01, 2006

**Gastric ulcer healing by chebulinic acid solid dispersion-loaded gastroretentive raft systems.** [+]  
(/article/gastric-ulcer-healing-chebulinic-acid-solid-dispersion-loaded-gastroretentive-)

JAN 31, 2022

**Generally, chrysin prophylactic treatment showed a superior testicular protection than mirtazapine at the tested doses.** [+]  
(/article/generally-chrysin-prophylactic-treatment-showed-superior-testicular-protection)

OCT 31, 2017

**Genistein is superior to alendronate (Fosamax) in reducing glucocorticoid-induced osteoporosis and improves bone strength in rats** [+]  
(/article/genistein-superior-alendronate-fosamax-reducing-glucocorticoid-induced-osteopo)

JAN 01, 2007

**Genistein is superior to the bone drugs alendronate, raloxifene and estradiol in osteoporotic, ovariectomized rats. (/article/genistein-superior-bone-drugs-alendronate-raloxifene-and-estradiol-osteoporoti)** [+]

NOV 01, 2008

**Geum japonicum, Syzygium aromaticum (Clove), and Terminalia chebula inhibit Cytomegalovirus infection. (/article/geum-japonicum-syzygium-aromaticum-clove-and-terminalia-chebula-inhibit-cytome)** [+]

JAN 01, 1998

**Ginger extract is superior to the NSAID drug indomethacin in a rat model of rheumatoid arthritis. (/article/ginger-extract-superior-nsaid-drug-indomethacin-rat-model-rheumatoid-arthritis)** [+]

MAR 01, 2009

**Grape seed proanthocyanidins is superior to metformin to promote insulin signaling in rats fed high calorie diet. (/article/grape-seed-proanthocyanidins-superior-metformin-promote-insulin-signaling-rats)** [+]

SEP 11, 2013

**Grapefruit seed extract is comparable to metformin in positively modulating blood lipid profiles and blood sugar. (/article/grapefruit-seed-extract-comparable-metformin-positively-modulating-blood-lipid)** [+]

OCT 01, 2008

**Hawthorn and kiwi fruit extracts are superior to simvastatin in lowering cholesterol in mice fed a high cholesterol diet. (/article/hawthorn-and-kiwi-fruit-extracts-are-superior-simvastatin-lowering-cholesterol)** [+]

JAN 01, 2009

**High dose astaxanthin compares favorably to the drugs captopril and pioglitazone at lowering blood pressure, increasing insulin sensitivity and reducing restraint stress. (/article/high-dose-astaxanthin-compares-favorably-drugs-captopril-and-pioglitazone-low)** [+]

JAN 01, 2011

**Homeopathy outperforms antibiotics treatment in juvenile scallop.** [+] (/article/homeopathy-outperforms-antibiotics-treatment-juvenile-scallop)

JAN 31, 2017

**Hyper-anxiety associated with prediabetic conditions can be ameliorated by resveratrol.** [+] (/article/hyper-anxiety-associated-prediabetic-conditions-can-be-ameliorated-resveratrol)

AUG 31, 2016

**In tumor-bearing mice oral treatment with ginsenoside Rg3 and red ginseng preparation remarkably suppressed the tumor growth.** [+] (/article/tumor-bearing-mice-oral-treatment-ginsenoside-rg3-and-red-ginseng-preparation-)

APR 30, 2011

**Kava compares favorably with diazepam in reducing anxiety in mice.** [+] (/article/kava-compares-favorably-diazepam-reducing-anxiety-mice)

JUN 01, 2002

**Lactobacillus helveticus NS8 improves behavioural, cognitive, and biochemical aberrations caused by chronic restraint stress.** [+] (/article/lactobacillus-helveticus-ns8-improves-behavioural-cognitive-and-biochemical-ab)

DEC 02, 2015

**Licorice extract exerted an antiulcerogenic effect that could be associated with increase in gastric mucosal defensive factors.** [+] (/article/licorice-extract-exerted-antiulcerogenic-effect-could-be-associated-increase-ga)

DEC 31, 2014

**Liposomal curcumin dry powders are a promising medication for inhalation treatment of lung cancer with high therapeutic efficiency.** (/article/liposomal-curcumin-dry-powders-are-promising-medication-inhalation-treatment-l) [+]

APR 30, 2018

**Low-level laser therapy is more safe and effective than gabapentin in the management of neuropathy in diabetic rats.** (/article/low-level-laser-therapy-more-safe-and-effective-gabapentin-management-neuropat) [+]

MAR 11, 2018

**Low-level laser therapy showed a significant superiority over commonly used anti-inflammatory pharmaceutical agents in collagenase-induced tendinitis.** (/article/low-level-laser-therapy-showed-significant-superiority-over-commonly-used-anti) [+]

DEC 20, 2017

**Mangifera indica leaf extract was effective in maintaining a long-term hypoglycemic effect and significantly increased insulin sensitivity.** (/article/mangifera-indica-leaf-extract-was-effective-maintaining-long-term-hypoglycemic) [+]

DEC 31, 2019

**Melatonin has neuroprotective properties superior to methyprednisolone in experimental spinal cord injury.** (/article/melatonin-has-neuroprotective-properties-superior-methyprednisolone-experimental) [+]

OCT 01, 2005

**Melatonin is superior to methylprednisolone in experimental spinal cord injury.** (/article/melatonin-superior-methylprednisolone-experimental-spinal-cord-injury) [+]

JUL 01, 2000

**Melatonin supplementation therapy is more potent and effective in [+] comparison to estrogen replacement therapy due to its single-handed ability to revert all the ovariectomy-induced changes.**  
(/article/melatonin-supplementation-therapy-more-potent-and-effective-comparison-estroge)

JUL 31, 2012

**Morinda citrifolia leaf was more effective than the erlotinib in [+] suppressing lung adenocarcinoma in mice.** (/article/morinda-citrifolia-leaf-was-more-effective-erlotinib-suppressing-lung-adenocar)

JAN 13, 2016

**Mosla scabra is superior to the drug Ribavirin as an antiviral agent [+] against influenza due to its greater safety.** (/article/mosla-scabra-superior-drug-ribavirin-antiviral-agent-against-influenza-due-its)

FEB 03, 2010

**Nigella sativa oil was found to be the most effective in preventing [+] PTZ-induced seizures relative to valproate.** (/article/nigella-sativa-oil-was-found-be-most-effective-preventing-ptz-induced-seizures)

AUG 31, 2005

**Nigerian propolis confers protection against hyperglycemia-induced oxidative stress in both liver and pancreas of adult Wistar rats.** (/article/nigerian-propolis-confers-protection-against-hyperglycemia-induced-oxidative-s)

MAR 31, 2015

**Nobiletin restores reduced mitochondrial metabolism in [+] hypothyroid rat hippocampus through acceleration of matrix substrate-level phosphorylation.** (/article/nobiletin-restores-reduced-mitochondrial-metabolism-hypothyroid-rat-hippocampu)

MAR 16, 2014

**Noni leaf extract at 300mg/kg was more effective than Erlotinib for [+] most of the parameters measured in this study.** (/article/noni-leaf-extract-300mgkg-was-more-effective-erlotinib-most-parameters-)

measure)

APR 21, 2016

**Nutmeg oil alleviates chronic inflammatory pain through inhibition [+] of COX-2 expression. (/article/nutmeg-oil-alleviates-chronic-inflammatory-pain-through-inhibition-cox-2-expre)**

DEC 31, 2015

**O. basilicum and rosmarinic acid on inflammatory and oxidant [+] parameters in sensitized rats which was comparable or even more potent than dexamethasone. (/article/o-basilicum-and-rosmarinic-acid-inflammatory-and-oxidant-parameters-sensitized)**

DEC 31, 2017

**Olive leaf extract is superior to the drug glibenclamide in [+] significantly reversing the symptoms of diabetes in type 2 diabetic rats. (/article/olive-leaf-extract-superior-drug-glibenclamide-significantly-reversing-symptom)**

OCT 01, 2007

**Paeoniflorin inhibits growth of human colorectal carcinoma HT 29 [+] cells in vitro and in vivo. (/article/paeoniflorin-inhibits-growth-human-colorectal-carcinoma-ht-29-cells-vitro-and-)**

APR 30, 2012

**Peppermint oil remarkably promoted hair growth compared to that [+] of Minoxidil without significant change of body weight gain and food efficiency. (/article/peppermint-oil-remarkably-promoted-hair-growth-compared-minoxidil-without-sign)**

NOV 30, 2014

**Pharmacologic ascorbate was superior or equivalent to dacarbazine [+] as an antitumor agent. (/article/pharmacologic-ascorbate-was-superior-or-equivalent-dacarbazine-antitumor-agent)**

JUN 24, 2015

**Pineapple bromelain has anti-tumor properties superior to the chemo-agent 5-fluorouracil. (/article/pineapple-bromelain-has-anti-tumor-properties-superior-chemo-agent-5-fluoroura)** [+]

OCT 01, 2007

**Policosanol against neointima formation in this experimental model was slightly better than that of lovastatin. (/article/policosanol-against-neointima-formation-experimental-model-was-slightly-better)** [+]

JUL 10, 2009

**Pre-treatment with glycyrrhizin inhibited venous thrombosis. (/article/pre-treatment-glycyrrhizin-inhibited-venous-thrombosis)** [+]

DEC 31, 2015

**Preventive and therapeutic effects of ginsenoside Rb1 for neural injury during cerebral infarction in rats. (/article/preventive-and-therapeutic-effects-ginsenoside-rb1-neural-injury-during-cerebr)** [+]

DEC 31, 2012

**Propolis mouthwash was more efficient against the studied oral bacteria compared to chlorhexidine and listerine. (/article/propolis-mouthwash-was-more-efficient-against-studied-oral-bacteria-compared-c)** [+]

DEC 31, 2018

**protection provided by L. rhamnosus was more pronounced in comparison to diclofenac sodium. (/article/protection-provided-l-rhamnosus-was-more-pronounced-comparison-diclofenac-sodi)** [+]

MAY 31, 2016

**Quercetin may be an alternative treatment for rheumatoid arthritis because it modulates the main pathogenic pathways. (/article/quercetin-may-be-alternative-treatment-rheumatoid-arthritis-because-it-modulat)** [+]

MAR 21, 2017

**Quercetin was significantly superior to Gabapentine and morphine [+] in terms of alleviating mechanical and thermal hypersensitivity.**  
[\(/article/quercetin-was-significantly-superior-gabapentine-and-morphine-terms-alleviatin\)](#)

MAR 08, 2016

**Red sage contains a compound salvianolic acid B which compares [+] favorably to benazepril in the treatment of chronic myocardial infarction in rats.** [\(/article/red-sage-contains-compound-salvianolic-acid-b-which-compares-favorably-benazep\)](#)

SEP 01, 2008

**Red sage contains a compound salvianolic acid B which compares [+] favorably to benazepril in the treatment of chronic myocardial infarction in rats. - Article 2.** [\(/article/red-sage-contains-compound-salvianolic-acid-b-which-compares-favorably-benaz-0\)](#)

MAY 01, 2008

**Red seaweed was more effective than tamoxifen in suppressing tumor growth by 27% with little toxicity to the liver and kidneys.** [\(/article/red-seaweed-was-more-effective-tamoxifen-suppressing-tumor-growth-27-little-to\)](#)

JAN 31, 2013

**Red Yeast Rice is effective (more than lovastatin) in lowering serum [+] lipids, liver cholesterol levels and inhibiting hepatic steatosis.**  
[\(/article/red-yeast-rice-effective-more-lovastatin-lowering-serum-lipids-liver-cholester\)](#)

JAN 01, 1996

**Renoprotective and therapeutic effects of newly water, ethanol, and butanol ginseng fractions in hypertensive and chronic kidney disease with L-NAME.** [\(/article/renoprotective-and-therapeutic-effects-newly-water-ethanol-and-butanol-ginseng\)](#)

AUG 15, 2021

**Results showed a preventive effect of hydroethanolic extract from Z. multiflora on all measured parameters in animals model of COPD. (/article/results-showed-preventive-effect-hydroethanolic-extract-z-multiflora-all-measu)** [+]

DEC 31, 2013

**Resveratrol exhibits superior efficacy versus methylprednisolone, and enhances efficacy in combination, for recovery after experimental spinal cord injury. (/article/resveratrol-exhibits-superior-efficacy-versus-methylprednisolone-and-enhances-)** [+]

OCT 01, 2006

**Royal jelly has potent anti-inflammatory effects compared to aspirin and it could be used in the treatment of inflammation. (/article/royal-jelly-has-potent-anti-inflammatory-effects-compared-aspirin-and-it-could)** [+]

JAN 31, 2015

**Saw Palmetto (*Serenoa repens*) is more efficacious than Finasteride in inhibiting prostate enlargement. (/article/saw-palmetto-serenoa-repens-more-efficacious-finasteride-inhibiting-prostate-e)** [+]

APR 01, 2000

**Shikonin could be developed as a potential pain blocker. (/article/shikonin-could-be-developed-potential-pain-blocker)** [+]

JUN 30, 2016

**Spirulina platensis exhibited a significant modulatory effect on acetic acid-induced colitis in rats, which may be due to a significant increase of antioxidant enzymes. (/article/spirulina-platensis-exhibited-significant-modulatory-effect-acetic-acid-induce)** [+]

MAR 31, 2015

**St. John's wort extract is twice as effective as ibuprofen as an analgesic in an animal model of pain. (/article/st-johns-wort-extract-twice-effective-ibuprofen-analgesic-animal-model-pain)** [+]

JUL 01, 2004

**Stevia has anti-diabetic properties and compares favorably with the [+] drug glibenclamide but without the adverse effects. (/article/stevia-has-anti-diabetic-properties-and-compares-favorably-drug-glibenclamide-)**

APR 01, 2011

**Tangeretin modulates the activities of hepatic enzymes via [+] enhanced secretion of insulin and decreases the blood glucose in streptozotocin induced diabetic rats (/article/tangeretin-modulates-activities-hepatic-enzymes-enhanced-secretion-insulin-and)**

MAY 14, 2014

**Tanshinone IIA, a compound found within Red Sage, has potential [+] anti-cancer activity that is stronger than tamoxifen in both ER-positive and ER-negative breast cancers. (/article/tanshinone-ii-a-compound-found-within-red-sage-has-potential-anti-cancer-activi)**

DEC 01, 2009

**The anti-arthritis effect of ursolic acid is comparable to ibuprofen in [+] an animal model of arthritis, without causing gastric lesions. (/article/anti-arthritis-effect-ursolic-acid-comparable-ibuprofen-animal-model-arthritis)**

OCT 01, 2008

**The Brazilian plant known as Cambuca (*Plinia edulis*) is non-toxic [+] and more effective than the drug Lansoprazole in preventing experimentally induced ulcers in rats. (/article/brazilian-plant-known-cambuca-plinia-edulis-non-toxic-and-more-effective-drug-)**

AUG 13, 2008

**The Chinese medicine DSQRL is superior to prednisone in treating [+] experimental pulmonary fibrosis. (/article/chinese-medicine-dsqlr-superior-prednisone-treating-experimental-pulmonary-fib)**

MAR 05, 2008

**The combination of curcumin and berberine exhibited better ameliorative effects in treating NAFLD than lovastatin.** [+]  
[\(/article/combination-curcumin-and-berberine-exhibited-better-ameliorative-effects-treat\)](#)

JAN 16, 2018

**The comparative study of the efficacy of β-sitosterol, ketoconazole 2% and mupirocin for the treatment cutaneous leishmaniosis.** [+]  
[\(/article/comparative-study-efficacy-sitosterol-ketoconazole-2-and-mupirocin-treatment-c\)](#)

DEC 31, 2021

**The current work confirms the traditional use of rind of Punica granatum as anthelmintic against Raillietina spiralis and Ascaridia galli.** (+)  
[\(/article/current-work-confirms-traditional-use-rind-punica-granatum-anthelmintic-agains\)](#)

APR 30, 2015

**The dry ripe fruit of A. marmelos possesses significant dual analgesic activities.** (+)  
[\(/article/dry-ripe-fruit-marmelos-possesses-significant-dual-analgesic-activities\)](#)

FEB 28, 2015

**The effect of ethanolic extract of S. indicum was found to be equivalent to methotrexate and greater than diclofenac.** [+]  
[\(/article/effect-ethanolic-extract-s-indicum-was-found-be-equivalent-methotrexate-and-gr\)](#)

JUN 30, 2018

**The effects of ellagic acid on the prevention of peritoneal adhesion were found to be stronger than diclofenac sodium.** (+)  
[\(/article/effects-ellagic-acid-prevention-peritoneal-adhesion-were-found-be-stronger-dic\)](#)

AUG 31, 2014

**The homeopathic dilution known as plumbum metallicum 30c is superior to calcitonin in regenerating bone in an animal study.** [+]  
[\(/article/homeopathic-dilution-known-plumbum-metallicum-30c-](#)

**superior-calcitonin-regenera)**

APR 01, 2009

**The potential therapeutic effect of Nigella sativa and Zingiber officinale extracts versus Nitazoxanide drug against experimentally induced cryptosporidiosis. (/article/potential-therapeutic-effect-nigella-sativa-and-zingiber-officinale-extracts-v)** [+]

MAY 31, 2023

**The protective effects of Salvia officinalis essential oil compared to simvastatin against hyperlipidemia. (/article/protective-effects-salvia-officinalis-essential-oil-compared-simvastatin-again)** [+]

FEB 02, 2020

**The results suggest that spirulina supplementation was more effective at improving bone structural strength and stiffness in diabetic rats compared to metformin. (/article/results-suggest-spirulina-supplementation-was-more-effective-improving-bone-st)** [+]

APR 30, 2022

**The therapeutic potentials of blue honeysuckle were either similar or more effective than propylthiouracil for hyperthyroidism. (/article/therapeutic-potentials-blue-honeysuckle-were-either-similar-or-more-effective-)** [+]

DEC 31, 2015

**These findings confirm Carpobrotus edulis's ethnomedical use in anti-inflammatory pain and in pains from gastric ulcer-associated symptoms. (/article/these-findings-confirmed-carpobrotus-edulis-s-ethnomedical-use-anti-inflammatory-p)** [+]

JUL 31, 2011

**These results demonstrated that salvianolic acid A held great potential for aortic aneurysm therapy. (/article/these-results-demonstrated-salvianolic-acid-held-great-potential-aortic-aneury)** [+]

SEP 14, 2014

**These results provide scientific evidence for the use of *E. longifolia* [+] as a potential analgesic and anti-inflammatory agent.**  
(/article/these-results-provide-scientific-evidence-use-e-longifolia-potential-analgesic)

FEB 29, 2016

**These results showed that hypoglycemic effects of MOLE might be [+] mediated through the stimulation of insulin release leading to enhanced glucose uptake and glycogen synthesis.** (/article/these-results-showed-hypoglycemic-effects-mole-might-be-mediated-through-stimu)

JUN 26, 2015

**This study demonstrates protective effect of thymoquinone against [+] HFD-induced MetS on rats which might have been mediated via PPAR mechanism.** (/article/study-demonstrates-protective-effect-thymoquinone-against-hfd-induced-mets-rat)

SEP 30, 2015

**Thyme, yarrow and propolis are significantly more effective than [+] glucantime in the treatment of Leishmaniasis in mice.**  
(/article/thyme-yarrow-and-propolis-are-significantly-more-effective-glucantime-treatmen)

JAN 01, 2008

**Thymoquinone can have a new treatment option to ameliorate the [+] nerve injury.** (/article/thymoquinone-can-have-new-treatment-option-ameliorate-nerve-injury)

MAY 23, 2016

**Thymoquinone may be considered for topical application alone in [+] the treatment of acute otitis externa.** (/article/thymoquinone-may-be-considered-topical-application-alone-treatment-acute-otiti)

DEC 13, 2017

**Thymoquinone, the main constituent of *Nigella sativa* (black cumin) [+] is superior to the drug fluticasone in an animal model of asthma.**  
(/article/thymoquinone-main-constituent-nigella-sativa-black-

cumin-superior-drug-flutica)

OCT 29, 2009

**Triterpene-loaded microemulsion using adlay seed extract as oil phase for enhanced antitumor efficacy.** (/article/triterpene-loaded-microemulsion-using-adlay-seed-extract-oil-phase-enhanced-an) [+]

DEC 31, 2013

**Vitamin E, acetyl-L-carnitine and α-lipoic acid are superior to the drug donepezil (Aricept) at normalizing biomarkers associated with Alzheimer's disease in an animal model.** (/article/vitamin-e-acetyl-L-carnitine-and-lipoic-acid-are-superior-drug-donepezil-arice) [+]

DEC 23, 2010

**Vitamin E is superior to pentoxifylline in protecting against radiation-induced pulmonary fibrosis in rats.** (/article/vitamin-e-superior-pentoxifylline-protecting-against-radiation-induced-pulmonar) [+]

MAY 01, 2007

**Identification of potential natural inhibitors of SARS-CoV2 main protease by molecular docking and simulation studies.** (/article/identification-potential-natural-inhibitors-sars-cov2-main-protease-molecular-) [+]

JUN 10, 2020

**A bioactive fraction of T. cordifolia had significant inhibition on inflammatory cytokines as compared to rolipram and dexamethasone.** (/article/bioactive-fraction-t-cordifolia-had-significant-inhibition-inflammatory-cytoki) [+]

FEB 14, 2017

**A cannabinoid quinone has cancer-destroying activity superior to doxorubicin without cardiotoxicity, in vitro.** (/article/cannabinoid-quinone-has-cancer-destroying-activity-superior-doxorubicin-withou) [+]

SEP 01, 2007

**A compound from *Justicia gendarussa* was shown to possess a significantly higher inhibition effect than the clinically used anti-HIV drug azidothymidine. (/article/compound-justicia-gendarussa-was-shown-possess-significantly-higher-inhibition)**

[+]

JUN 13, 2017

**A nutraceutical combination of cinnamon, purple onion, and tea linked with key enzymes on treatment of type 2 diabetes.** (/article/nutraceutical-combination-cinnamon-purple-onion-and-tea-linked-key-enzymes-tre)

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NOV 30, 2021

**A polyphenol rich extract of *Cistus incanus* (Rock-rose family) exhibits potent anti-influenza activity against human and avian influenza. [viruses did not develop resistance, as was the case with the drug amantadine]. (/article/polyphenol-rich-extract-cistus-incanus-rock-rose-family-exhibits-potent-anti-i)**

[+]

OCT 01, 2007

**Acetone and methanol extracts of broad bean displayed mixed mode of inhibition toward  $\alpha$ -amylase. (/article/acetone-and-methanol-extracts-broad-bean-displayed-mixed-mode-inhibition-towar)**

[+]

OCT 27, 2016

**Activity-guided fractionation of red fruit extracts for the identification of compounds influencing glucose metabolism.** (/article/activity-guided-fractionation-red-fruit-extracts-identification-compounds-infl)

[+]

MAY 23, 2019

**Acupuncture and related interventions for carpal tunnel syndrome.** (/article/acupuncture-and-related-interventions-carpal-tunnel-syndrome)

[+]

SEP 25, 2019

**Alpha mangostin has potential to be further developed as therapeutic agent for dengue virus infection. (/article/alpha-mangostin-has-potential-be-further-developed-therapeutic-agent-dengue-vi)**

[+]

AUG 14, 2017

**Alpha-glucosidase inhibitory activity of cannabidiol, tetrahydrocannabinol and standardized cannabinoid extracts from Cannabis sativa. (/article/alpha-glucosidase-inhibitory-activity-cannabidiol-tetrahydrocannabinol-and-sta)**

[+]

DEC 31, 2021

**Anthrocyanins extracted from sweet cherries and raspberries have anti-inflammatory activity comparable to ibuprofen and naproxen. (/article/anthrocyanins-extracted-sweet-cherries-and-raspberries-have-anti-inflammatory-)**

[+]

SEP 01, 2001

**Anti-inflammatory and anti-oxidative effects of Phytohustil and root extract of Althaea officinalis on macrophages in vitro. (/article/anti-inflammatory-and-anti-oxidative-effects-phytohustil-and-root-extract-alth)**

[+]

DEC 31, 2019

**Anti-microbial activity of Rosmarinus officinalis and Zingiber officinale extracts on the species of the genus Candida and on Streptococcus pneumonia. (/article/anti-microbial-activity-rosmarinus-officinalis-and-zingiber-officinale-extract)**

[+]

DEC 31, 2020

**Antimicrobial effectiveness of grape seed extract against Enterococcus faecalis biofilm. (/article/antimicrobial-effectiveness-grape-seed-extract-against-enterococcus-faecalis-b)**

[+]

DEC 07, 2019

**Aqueous extracts from Toona sinensis roem may be used as an alternative treatment and prophylaxis against influenza A virus. (/article/aqueous-extracts-toona-sinensis-roem-may-be-used-**

[+]

alternative-treatment-and-pro)

DEC 31, 2012

**Artemisinin demonstrates anti-cancer activity against oral cancer cells that is more powerful than other commonly used chemotherapeutic drugs.** (/article/artemisinin-demonstrates-anti-cancer-activity-against-oral-cancer-cells-more-p) [+]

APR 01, 2007

**Asafoetida contains compounds with antiviral activity against influenza A (H1N1).** (/article/asafoetida-contains-compounds-antiviral-activity-against-influenza-h1n1) [+]

SEP 01, 2009

**Biosynthesized silver nanoparticles showed significant cytotoxic activity compared to that of standard cisplatin.** (/article/biosynthesized-silver-nanoparticles-showed-significant-cytotoxic-activity-comp) [+]

DEC 31, 2014

**Bitter melon (*M. charantia*) compares favorably with insulin and rosiglitazone in potentiating glucose uptake.** (/article/bitter-melon-m-charantia-compares-favorably-insulin-and-rosiglitazone-potentia) [+]

NOV 01, 2006

***C. sinensis* fruit juice has a potential for causing both anti-proliferative and cytostatic effects on fast proliferating cells and hence cancerous cells.** (/article/c-sinensis-fruit-juice-has-potential-causing-both-anti-proliferative-and-cytos) [+]

AUG 31, 2014

**Clove contains antithrombotic polysaccharides which are relatively safe when compared to heparin.** (/article/clove-contains-antithrombotic-polysaccharides-which-are-relatively-safe-when-c) [+]

FEB 01, 2001

**Clove contains compounds such as eugenol which are more potent than aspirin in inhibiting platelet aggregation. - Article 1** [+]  
(/article/clove-contains-compounds-such-eugenol-which-are-more-potent-aspirin-inhibiting)

MAY 01, 1993

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**Curcumin and resveratrol compare favorably with NSAID agents in inhibiting inflammatory processes associated with tumor cell proliferation. (/article/curcumin-and-resveratrol-compare-favorably-nsaid-agents-inhibiting-inflammator)** [+]

DEC 09, 2004

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**Curcumin can be considered as a good lead compound in new inhibitors of MMP-3, which is a potential target of anticancer drugs. (/article/curcumin-can-be-considered-good-lead-compound-new-inhibitors-mmp-3-which-poten)** [+]

DEC 31, 2014

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**Curcumin may become a promising lead compound against CagA+ H. pylori infection. (/article/curcumin-may-become-promising-lead-compound-against-caga-h-pylori-infection)** [+]

MAY 20, 2015

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**Curcumin may provide an ideal therapeutic agent for patients with Hodgkin's lymphoma which does not have the side effects associated with multi-drug chemotherapy. (/article/curcumin-may-provide-ideal-therapeutic-agent-patients-hodgkins-lymphoma-which-)** [+]

JUL 01, 2008

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1 2 (/keyword/superiority-natural-substances-versus-drugs?page=1)

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**Grape Seed Extract May Beat Chemo in Late-Stage Cancer**  
(</blog/grape-seed-extract-may-beat-chemo-late-stage-cancer>)



([/blog/grape-seed-extract-may-beat-chemo-late-stage-cancer](#))

Written by Heidi Stevenson ([/gmi-blogs/GaiaHealth](#))

The benefits of grape seed extract in cancer are well documented, but modern medicine won't do anything with it until the mechanism of action has been found, so that it can be isolated, purified, made poisonous and owned by a single company for enormous profits



([/blog/grape-seed-extract-superior-blockbuster-diabetes-drug-preclinical-study-finds](#))

**Grape Seed Extract Superior to Blockbuster Diabetes Drug, Preclinical Study Finds** ([/blog/grape-seed-extract-superior-blockbuster-diabetes-drug-preclinical-study-finds](#))

Written by Sayer Ji, Founder ([/gmi-blogs/Sayer%20Ji](#))

An extract of grape seeds was recently compared to the best-selling diabetes drug Metformin and was found to be superior in correcting adverse physiological responses induced by a high-fat, high-fructose diet

**May All Your Medicines Be Green** ([/blog/may-all-your-medicines-be-green-1](#))

Written by Tracy Kolenchuk ([/gmi-blogs/tracychess](#))

Hippocrates - the father of medicine - said, "Let your food be your medicine, and let your medicine be your food." Medicines are a subset of foods, according to Hippocrates. I like that. What are medicines today? What are foods?



(/blog/may-all-your-medicines-be-green-1)

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## Garlic Better Than Antibiotic For Vaginal Infections

(/blog/garlic-better-antibiotic-vaginal-infections)



(/blog/garlic-better-antibiotic-vaginal-infections)

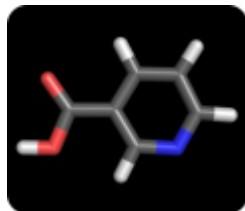
Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Garlic's power to kill serious infections is legendary. A new study proves this to be true for one of the most common female infections as well: bacterial vaginosis.

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## Natural Niacin Beats Prescription Zetia for Cholesterol

(/blog/natural-niacin-beats-prescription-zetia-cholesterol)



(/blog/natural-niacin-beats-prescription-zetia-cholesterol)

Written by Margie King, Health Coach (/gmi-blogs/mmking)

What can Merck's prescription drug Zetia do for you that niacin can't? Apparently, nothing at all. In fact, it could worsen your atherosclerosis.

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## How WHOLE Turmeric Heals the Damaged Brain

(/blog/how-whole-turmeric-heals-damaged-brain-1)



(/blog/how-whole-turmeric-heals-damaged-brain-1)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

Long considered impossible to attain, new research reveals how a simple spice might contribute to the regeneration of the damaged brain.

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## The Aspirin Alternative Your Doctor Never Told You About

(/blog/aspirin-alternative-your-doctor-never-told-you-about)



(/blog/aspirin-alternative-your-doctor-never-told-you-about)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

Millions use aspirin daily without realizing its true dangers. The good news is that there is a natural alternative which preliminary research indicates is safer and more effective

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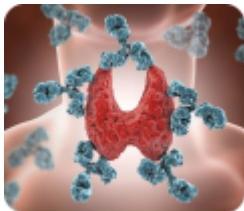
(/blog/natural-ear-infection-alternatives-antibiotics-proven-safer-and-more-effective)

## Natural Ear Infection Alternatives to Antibiotics Proven Safer and More Effective ([/blog/natural-ear-infection-alternatives-antibiotics-proven-safer-and-more-effective](#))

Written by Eleni Roumeliotou (/gmi-blogs/elroum)

According to existing scientific evidence, choosing natural, side effect-free herbal formulas to treat acute ear infection and pain over synthetic antibiotics with questionable therapeutic efficacy is a reasonable and well-founded option.

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(/blog/what-hashimoto-s-disease-and-why-does-synthetic-t4-fail-improve-well-being)

## What is Hashimoto's Disease and Why Does Synthetic T4 Fail To Improve Well-Being? ([/blog/what-hashimoto-s-disease-and-why-does-synthetic-t4-fail-improve-well-being](#))

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

An estimated 20 million Americans have some form of thyroid disease. Up to 60 percent of those with thyroid disease are unaware of their condition. Most with diagnoses are on synthetic T4, but there's a well established reason why it doesn't work very well to improve a sense of well-being.

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## H. Pylori: 3 Natural, Clinically Proven Options ([/blog/3-natural-h-pylori-cures-are-clinically-proven-1](#))



(/blog/3-natural-h-pylori-cures-are-clinically-proven-1)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

*H. pylori* infection is often treated with three drugs simultaneously, but not everyone responds favorably. Thankfully there are clinically confirmed natural, food-based alternatives

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**Study:**  
**28,187**  
**Plant**  
**Species**



(/blog/study-28187-plant-species-used-medicines-throughout-world)

## Used as Medicines throughout the World (</blog/study-28187-plant-species-used-medicines-throughout-world>)

Written by Sayer Ji, Founder (</gmi-blogs/Sayer%20ji>)

A powerful new study reminds us that natural medicine was once, and still is, the default medical system on this planet...

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Popular  
Kitchen  
Remedy  
Puts



(</blog/popular-kitchen-remedy-puts-antibiotic-shame-research-reveals-1>)

## Antibiotic To Shame, Research Reveals (</blog/popular-kitchen-remedy-puts-antibiotic-shame-research-reveals-1>)

Written by Sayer Ji, Founder (</gmi-blogs/Sayer%20ji>)

Fighting infection with conventional antibiotics is becoming a hopeless affair. The CDC recently warned these drugs are useless in combatting deadly "super germs." So what can one do? Your kitchen holds the key.

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(</blog/turmeric-heals-spinal-cord-injuries-better-drugssurgery-review-suggests>)

## Turmeric Heals Spinal Cord Injuries Better Than Drugs/Surgery, Review Suggests (</blog/turmeric-heals-spinal-cord-injuries-better-drugssurgery-review-suggests>)

Written by Sayer Ji, Founder (</gmi-blogs/Sayer%20ji>)

Spinal cord injury can have devastating, and often irreversibly debilitating effects. Conventional treatment relies on steroid drugs and surgery with lackluster results. What if an extract of turmeric works better and is safer?

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250+  
Examples of  
Natural  
Remedies  
Beating



(</blog/250-examples-natural-remedies-beating-pharmaceuticals>)

## Pharmaceuticals (</blog/250-examples-natural-remedies-beating-pharmaceuticals>)

Written by Sayer Ji, Founder (</gmi-blogs/Sayer%20ji>)

You hear a lot about 'natural healing' these days, but did you know that a sizable body of scientific literature actually supports the idea that natural medicine is safer and more effective than conventional, drug-based medicine?

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## Melatonin Superior To Toxic Drug In Migraine Prevention Study (</blog/melatonin-superior-toxic-drug-migraine-prevention-study>)

Written by Sayer Ji,

Founder (/gmi-

blogs/Sayer%20ji)

A substance secreted  
by your own brain  
was found superior



(/blog/melatonin-superior-toxic-drug-migraine-prevention-study)

to a commonly prescribed toxic pharmaceutical at significantly reducing migraine headache frequency.

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(/blog/frankincense-superior-chemotherapy-killing-late-stage-ovarian-cancer-cells)

## Frankincense Superior to Chemotherapy in Killing Late-Stage Ovarian Cancer Cells ([/blog/frankincense-superior-chemotherapy-killing-late-stage-ovarian-cancer-cells](#))

Written by Sinfully Wholesome (/gmi-blogs/sinfullywholesome)

Like the Magi, carrying myrrh, frankincense, and gold, researchers from the University of Leicester have, for the first time, demonstrated the potential of treating ovarian cancer using the Christmas gift frankincense.

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## Cinnamon Vs. Ibuprofen for Menstrual Pain ([/blog/cinnamon-beats-ibuprofen-pain-study-reveals-2](#))



(/blog/cinnamon-beats-ibuprofen-pain-study-reveals-2)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

Why risk using a pain killer with deadly side effects? Natural alternatives are often not only safer but at least as effective

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## Turmeric: Better Than Aspirin For Heart Disease Prevention? ([/blog/turmeric-extract-helps-open-your-arteries](#))



(/blog/turmeric-extract-helps-open-your-arteries)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

Could turmeric extract become the next "aspirin" in the ongoing effort to prevent heart disease?

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## The Modern Physician: A Glorified Applied Pharmacologist? ([/blog/first-do-no-pharmacy-2](#))

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

Ok, so we have billions of pounds of synthetic chemicals consumed every year as patented drugs, with an army of



(/blog/first-do-no-pharmacy-2)

degreed, licensed and doctored foot soldiers prescribing them recklessly under the once great banner of "medicine," in an ongoing war against the body's virtually infinite potential to generate symptoms, most of which are – ironically – a means to heal from acute or chronic exposure to synthetic chemicals.

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(/blog/clinically-depressed-cheap-safe-magnesium-pills-put-antidepressant-drugs-shame)

## Magnesium Puts Psychiatric Drugs to Shame for Depression

(/blog/clinically-depressed-cheap-safe-magnesium-pills-put-antidepressant-drugs-shame)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

A powerful clinical study shows that pennies worth of magnesium a day provides an effective, safe, affordable alternative to dangerous and relatively ineffective pharmaceutical antidepressants.

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(/blog/turmeric-extract-found-superior-blockbuster-drug-rheumatoid-arthritis)

## Turmeric Extract Found Superior To Blockbuster Drug for Rheumatoid Arthritis

(/blog/turmeric-extract-found-superior-blockbuster-drug-rheumatoid-arthritis)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

Rheumatoid arthritis (RA) is a painful, debilitating and even life threatening condition without many known natural therapies proven effective. All that changed in 2012 when it was revealed a turmeric extract is superior to the blockbuster drug Diclofenac sodium in relieving the condition of those suffering with RA.

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Ginseng May Work Better Than Chemo and Radiation.  
Here's How...



(/blog/ginseng-may-work-better-chemo-and-radiation-heres-how)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

Known for thousands of years as a powerful tonic for health, new research reveals that ginseng and other cancer stem cell killing plants may provide highly effective treatments for cancer.

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## Sugarcane Extract Superior to Cholesterol-Lowering Drugs?

(/blog/sugarcane-extract-superior-cholesterol-lowering-drugs)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

There is a little known natural extract of plant waxes known as policosanol, extractable from sugar cane, yams, and beeswax, which has been giving some of the more profitable drugs on the market a biomedical beating since it was first investigated in clinical trials by the Cubans in the 1990's.



(/blog/sugarcane-extract-superior-cholesterol-lowering-drugs)

## 11 Things Better than Drugs or Supplements for Healing

(/blog/7-natural-alternatives-better-drugs-health-and-healing-1)



(/blog/7-natural-alternatives-better-drugs-health-and-healing-1)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20ji)

Natural medicine doesn't just involve "nutraceuticals," but extends to modalities like yoga and acupuncture that an increasing body of peer-reviewed research shows can be superior to drugs

**1 of 2**

» (/keyword/superiority-natural-substances-versus-drugs?page=1&ed=26607)

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